ABSTRACT OF THE DISCLOSURE

An optical material is a mixture of materials comprising a first material having a refractive index of not more than 1.45 for the d-line and a second material having an Abbe's number, indicating wavelength dispersion in the visible region, of not more than 25. A relation between the refractive index for the d-line $(n_{\rm d})$ and the Abbe's number $(\nu_{\rm d})$ is defined as follows: $n_{\rm d} \leq -6.667 \times 10^{-3} \nu_{\rm d} + 1.70.$

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